



EL CAMPESTRE

From CAMP to Camp: Enriching Our Community

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The Life and Times of a Nursing Student

Jessica Barriga always knew she wanted to pursue nursing as a career, upon graduating South Salem High School she applied to Oregon State University and Linfield. Linfield denied her and Barriga was devastated, leaving her with her second choice OSU. Her godmother told her to then apply to CAMP, and so she did and she was a late acceptance, she was notified 3 days before the orientation began. Barriga remembers talking to Oscar on the phone saying he sounded intimidating like a "Mafioso".

"CAMP changed my life as corny as it may sound" said Barriga, her life shifted to then being surrounded by mostly Latino students and she had a blast her first week! She was exposed to different levels of acculturation and diversity from all the CAMP students in her cohort. While she was here she fell in love with OSU, and did not want to leave when the time came to go to nursing school.

She once again applied to Linfield and was told to wait two weeks to hear back on her acceptance. Two weeks went by, and nothing. Barriga gave it another week of waiting, and again, nothing. She finally picked up the phone to call admissions to inquire about the status of her application; she was thrilled to find out when she called that she had been accepted. The clock was ticking and she had a lot of papers to fill out in less than a week, "everything was so last minute in my life" says Barriga. While at Linfield she learned how important it is to be bilingual and culturally competent for all students wishing to pursue a career in health. Barriga graduated in May 2011 from Linfield with a 3.75 GPA, went abroad to India, and then it was time to take the NCLEX exam, although she had her Bachelor of Science in Nursing, passing the NCLEX is what would allow her to work as a nurse. Barriga trusted that her good grades demonstrating her knowledge in her classes would be enough to help her pass her exam, so she studied for two weeks for the NCLEX feeling sure that she would pass. She took the exam, and failed. Barriga explains how she had taken difficult exams before but the NCLEX was "absolute torture". For a year after that, she tried to study but was very scared after the first attempt, so she focused elsewhere and worked for a non-profit and school district but nothing nursing related.

While talking to some colleagues one day, Barriga found out they had all failed the NCLEX exam on their first attempt and passed on their second try. Her friend's recommended her books to study, and from there Barriga gave it a second try and as her friends had expected, she



"CAMP changed my life as corny as it may sound" -Jessica Barriga

passed. Now it was time to find a job! She explains this as her "next turtle to overcome", while she was still working she was looking for a nursing job and applied to about 15 different positions in and out of state. She explains that during her process she learned that "it's more about the people you know, rather than your credentials" about 90% of her interviews were because she dropped a name. Her interviews were brutal she explains, one time she interviewed felt she had it and did amazing, and she did not get the job. She then had a Skype interview for a job in Alaska, felt she did horrible, and got the job! She then adds "sometimes you think you do well and you don't, and vice-versa"

She was getting ready to move to Alaska, signed papers to go up there officially accepting her job, started talking to the manager, etc. when during this time Salem Hospital called her wanting to interview her for a job she had applied to, she accepted the offer, interviewed and felt she did "ok". Time was passing and once again she was not getting a call back to hear if she had gotten the job or not with Salem. Barriga was proactive and called Salem Hospital they told her she would get a call back...she waited and finally got a call offering her the job! She was beyond excited she could be close to home and not have to move to Alaska anymore, with only a week left to start her job that she was already going to start in Alaska she had to call and respectfully decline because she had gotten a job close to home where she could still be with those she loved. Barriga says she now feels like her life is finally getting together, her final words of advice were "to all the students wanting to pursue nursing, it's tough but people can only say no so many times. Be proactive, and a long as you get things done that's more important than however long it takes you to get there."

CONGRATULATIONS TO OUR CAMP CLASS OF 2013!!!

Elsa Avila-Nuñez
Patricia Baez
Jose Becerra
Lorena Birrueta
Miguel Brambila
Yesenia Castro-Guzman
Oscar Chairez
Miriam Cortez
Emily Escobedo
Julia Gamez
Alba Garcia
Gloria Garcia
Maria Garcia
Xochitl Gonzalez
Yanelly Gonzales Peña
Mark Gross
Jose Hernandez
Yesenia Leon
Ernesto Madrigal
Josefina Magdaleno
Clara Mandujano
Anna Marquez
Rafael Marquez
Claudia Mata

Araceli Mendez
Edgar Mendez
Oralia Mendez
Jorge Michel
Omar Miranda-Garcia
Abner Mondragon
Victor Mondragon
Alfredo Najar
Yanet Nuñez
Julio Orozco
Sonia Ortega
Jesus Partida
Nancy Perez Flores
Isaac Rivera
Leticia Rodriguez
Martin Rodriguez
Cruz Salgado
Adriana Sandoval
Evangelina Torres-Chavez
Javier Trinidad
Raul Velazco
Juan Villegas
Rodolfo Villegas
Jose Zamora



Master's Students:

David Cortez
Ruben Mendoza
Eder Mondragon
Lupe Diaz
Fernando Becerra

CAMP Annual Soccer Tournament

Soccer is the sport that unites the world! A couple weeks ago, all current CAMP students, Alumni and friends were invited to participate in the 2nd Annual Soccer Tournament. The soccer tournament took place in McAlexander Field House, and there were more than 6 teams that participated this year. Everyone seemed to really enjoy themselves and they all played in friendly competition. The soccer tournament even had a special team, the CAMP Staff! Who ... (Continued on page 5)



Pictured: Sergio Valenciano, Gerardo Perez, Alejandro Virgen, Edward Miranda, Clarissa Caballero and Monica Isiordia,



Announcements/Upcoming Events

- Recognition Ceremony June 8th 4pm MU Ballroom



Global Public Health Brigades: Panama

Four Camp alumni will be taking an exciting trip this September to Panama with Global Public Health Brigades an organization that works to deliver and implement skill-based programs that benefit Panamanian community members. The students implement health education, meet with community leaders, conduct survey research, and work alongside the community. Gabby Garcia, Sheslly Zamora, Nancy Lopez, and Andrea Flores are more than excited to embark on this amazing experience. Garcia says "I'm really excited about traveling to Central America and helping those in need. It's exciting to me knowing that I'm helping Hispanic/Latino communities around the world."

If you are interested in finding out more about this organization or if you want to help fund these Ladies visit:

<https://www.empowered.org/Oregon-State-Public-Health-Sept-2013-Panama/donate>



Term Birthdays

April

Paloma Carrasco
Jessica Casas
Johnny Mondragon

May

Mayra Arrellano
Leonardo Maciel
Adriana Sanchez
Magali Sanchez

June

Gabby Bustos
Jose A. Morales
Cristian Reyes
Brianna Santana
Sergio Valenciano



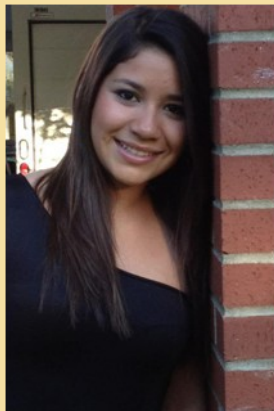
SUMMER INTERNSHIP 2013:



This Summer Anna Marquez will be traveling to Africa! This Term Marquez has been working hard promoting the Sukuli project around campus, trying to raise awareness. The Sukuli Project's mission is to improve health through education, research, and community recovery in Sierra Leone, Africa. Caroline 'Sudy' Storm has worked many years to improve the health of Sierra Leonean Villagers by building latrines and water wells, which is vital to long-term sustainable health and development. This year, a team of three students and Anna with Sudy will be collecting research by photovoice.

The Photovoice method allows for the villagers to use cameras and to take pictures to represent their perspectives on their traditional medicines. This method is often used among marginalized people, and is intended to give insight into how they conceptualize their experiences and their world. The hope is to collect information on traditional medicine and demographics of the villagers, as well as build a primary school that will serve 10 villages. Anna has been helping sell African-waist beads, and 100% of the proceeds are going to fund construction, staffing, and supplies!

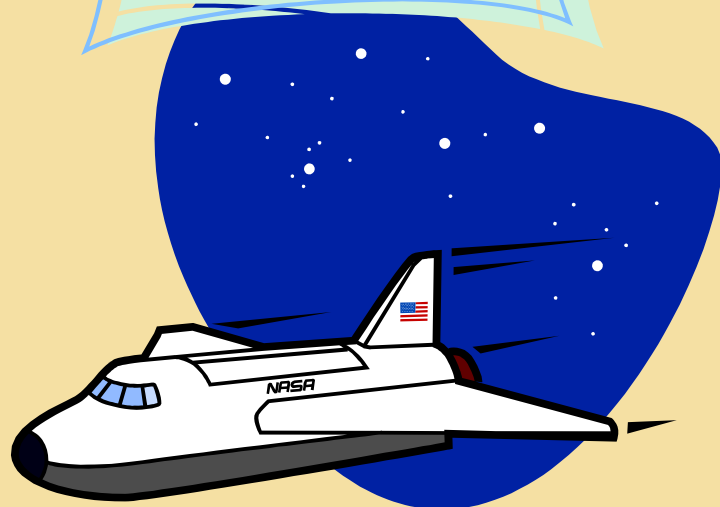
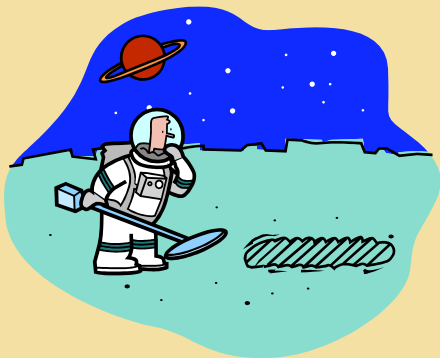
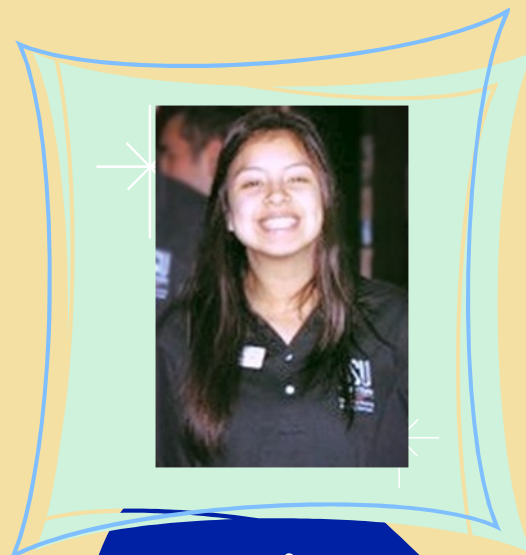
A Summer In D.C: National HEP/CAMP Association D.C. Internship



Current CAMP student Laura Galindo is excited to start her internship in Washington D.C. this summer; she will be working at the Capitol Hill with Senator Kristin Gillibrand and her professional staff. Galindo is a Political Science major, and applied for this internship because she thought it would be a great opportunity and a real taste of the political environment at the nation's capital! Galindo has yet to visit and is very excited she says "I want to see all the monuments and get to know the city, and I am especially anxious to work inside Capitol Hill". The experience will surely be grand, and very hands-on, working in the Capitol will open new doors for Galindo she hopes to walk away from this internship with a broader perspective on what the field has to offer. Laura would like to especially thank Amas Aduviri and HEP/CAMP for this once in a lifetime experience that awaits her.

Engineer without Borders: Latina Role Model

Guillerma Vasquez is one of few women who are pursuing a degree in hopes of being an engineer, and she is even more special because she is Latina. Vasquez will be in Texas this summer doing research on Aerospace Engineering. An opportunity that mainly men seek and aspire to take part in, Vasquez is leading the way for other Latina leaders to pursue their dreams and reach for the stars (literally in her case). Her internship will be 10 weeks long and she will be developing experimental skills with what the internship calls state-of-the-art equipment! Vasquez will surely gain some great hands-on experience and maybe even make history some day! Congrats and the CAMP Staff cannot wait to hear more about your experience when you come back!





AMAS' UPDATES

It is a beautiful weather of 76 degrees in Corvallis as I type my last Updates' for the year! I can't remember weather like this in spring in the last five years. So, it's a pleasant time to gather my last thoughts and write this piece for this newsletter. I must confess that I love travelling! Travel is in my blood. I've been in places few people would dare to go or eat food few people would try to experiment, but every time I'm travelling, I always learn something new and those experiences will always be with me. This term, more than any previous terms, I learned from many of my students about their traveling plans for study abroad, internships, and other volunteer experiences. I'm super excited about their opportunities. I've just learned that Leti is in India and that she will take a short vacation in Thailand, which reminds me of my days, way back when I use to live in Thailand. Ruben will be going for a short internship to Brazil, where all of my siblings live. Ana will be traveling to Sierra Leone, Africa to improve health through education, Maria is arriving this week from Spain from a study abroad experience, and Claudia will leaving soon to Spain for the same experience. Jorge and Esme will be studying in Cuba. No way! yes way! Yes, in Cuba! Last Sunday evening, I chatted with four students; Andrea, Nancy, Gaby, and Sheslly who will be going to Panama to promote health education. Some of my students are also travel within this country. Gema will be doing her Aerospace Engineering Research at Texas A&M and Marlene at OHSU. Last night, I was talking to Laura and Gaby about their internships Washington, DC. Laura will intern in Sen. Gillibrand's office from NY, and Gaby in our own Sen. Merkley's office. How exciting for them! I wish there was a space for me in their suitcases! I know there are many more names that I don't know of, but will be traveling this summer and fall. Safe travel to all of you and I hope to hear your stories, experiences, etc. This is the dead week and next week is final, and then is over for 2012-13 academic year! Also, there will be no more homework, class assignments, going to classes for the 49 past CAMP students graduating this year, and for the five students graduating with their Master's, at least for now. This is the most graduates we ever had since we started the program in 2004. What an accomplishment for all of them! One of them is our El Campestre editor, Yesi Castro. I thank you for helping with the newsletter and making sure is done in time for printing. You will be missed in our office. You have the job, if you come back for your Master's.



Amas

CAMP Soccer Tournament continued...

...decided to take part in this year's tournament and make a team! The event was a success, and CAMP hopes to make it bigger and better as the years go by! Thanks to all those who participated this year, we hope you come back next year!



Pictured: Ohsana Valle, Alex Arreguin, Jose Cazares and Sonia Contreras